



## **Welcome to Your New Journey!**

You are embarking on an exciting journey with the Young Achievers Mastermind Program. This initial assessment is designed to help us understand your strengths, aspirations, and the challenges you might be facing. By filling out this assessment honestly, you help us tailor our program to better support your personal and professional growth.

## **Why This Assessment?**

1. **Understanding You:** Gain insights into your personal strengths, challenges, and areas for growth.
2. **Tailored Support:** The results will guide our team in providing the most relevant resources and mentoring to support your goals.
3. **Growth Benchmarking:** It establishes a benchmark for your current skills and mindsets, allowing us to measure your progress throughout the program.

## **Instructions:**

- **Duration:** Set aside about 10-15 minutes to complete this assessment thoroughly.
- **Answer Format:** The assessment consists of statements that you will rate on a scale from 1 to 5, where:
  - 1 = Strongly Disagree
  - 2 = Disagree
  - 3 = Neutral
  - 4 = Agree
  - 5 = Strongly Agree

Other questions require a written response; try to be as clear and detailed as possible.

Ensure each statement is considered carefully before selecting your response.

- **Honesty:** There are no right or wrong answers. Being honest helps us understand how best to support and develop your potential.
- **Confidentiality:** Rest assured that all your responses will be kept confidential and will be used solely to enhance your experience in our program.

### **Getting Started:**

1. Prepare: Find a comfortable and quiet space where you can focus without interruptions.
2. Complete: Read each statement carefully and provide a rating based on your true feelings and experiences.
3. Review: Double-check your responses to make sure they accurately reflect your perspectives.
4. Submit: Follow the instructions provided to submit your completed assessment.
5. Discuss: You will have the opportunity to discuss your results during your first mastermind session!

**Thank you for your time and effort in completing this assessment. Your honest responses are crucial in helping us design an effective and personalized experience for you in the Young Achievers Mastermind Program. We look forward to helping you grow and succeed in this transformative journey!**



## Young Achievers Mastermind Assessment

**Name:** \_\_\_\_\_

**Date:** \_\_\_\_\_

**Email:** \_\_\_\_\_

**Phone:** \_\_\_\_\_

Rate each statement on a scale from 1 to 5, where:

**1**= Strongly Disagree   **2** = Disagree   **3** = Neutral   **4** = Agree   **5** = Strongly Agree

Take your time to reflect on each statement honestly. Your responses will help us understand your current strengths and areas for growth.

### Section 1: Personal Development

**1      2      3      4      5**

I understand my personal strengths and how they help me succeed.					
I have clear goals for my personal and academic life.					
I manage my emotions effectively, even in challenging situations.					
I can overcome setbacks and view them as opportunities to grow.					
I feel confident expressing my thoughts and ideas to others.					

Total \_\_\_\_ / 25

**Section 2: Interpersonal Skills****1      2      3      4      5**

I can actively listen and empathize with others.					
I am comfortable working in a team to solve problems or complete tasks.					
I can effectively handle conflicts with friends, family, or peers.					
I respect and appreciate the perspectives of others, even when they differ from my own.					
I know how to build positive and healthy relationships.					

Total \_\_\_\_ / 25

**Section 3: Leadership and Initiative****1      2      3      4      5**

I take responsibility for my actions and decisions.					
I feel confident leading others in group projects or activities.					
I am proactive in seeking solutions to problems rather than waiting for help.					
I can inspire and motivate others to achieve a shared goal.					
I value contributing to my community or helping others in need.					

Total \_\_\_\_ / 25

**Section 4: Time and Resource Management****1      2      3      4      5**

I plan my time effectively to balance school, activities, and personal life.					
I set priorities and focus on completing the most important tasks first.					
I avoid procrastination and manage distractions well.					
I understand how to use resources (e.g., technology, advice, tools) to achieve my goals.					
I track my progress toward goals and adjust my strategies when needed.					

Total \_\_\_\_ / 25

**Section 5: Personal Vision and Motivation****1      2      3      4      5**

I believe I can achieve my goals with hard work and determination.					
I feel excited about the future and the opportunities ahead.					
I regularly think about how my choices today impact my long-term success.					
I believe I have the power to change my circumstances for the better.					
I take pride in working toward being my best self.					

Total \_\_\_\_ / 25

**Total Scores:**

- Personal Development: \_\_\_\_ / 25
- Interpersonal Skills: \_\_\_\_ / 25
- Leadership and Initiative: \_\_\_\_ / 25
- Time and Resource Management: \_\_\_\_ / 25
- Personal Vision and Motivation: \_\_\_\_ / 25

**Reflection Questions:**

1. Which area do you feel most confident in, and why? \_\_\_\_\_

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2. What are the top 1,2 or 3 challenges that you want this Mastermind to help you overcome? \_\_\_\_\_

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3. Describe a goal you hope to achieve through this program? \_\_\_\_\_

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